









## STUMP PRESCHOOL MENU

**Benton Harbor Area Schools**

**February 2009**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5		6	
BBQ Riblet on A Bun Sweet Peas** Mandarin Oranges Cold 1% Milk		Tony's Smart Pizza Tossed Salad with Light Dressing** Diced Peaches Cold 1% Milk		Foot Long Hot Dog  Seasoned Green Beans Applesauce Cold 1% Milk		Walking Taco Mixed Vegetables ** Fruit Cocktail Cold 1% Milk		Chicken Patty on a Bun  Corn Pears Cold 1% Milk	
9		10		11		12		13	
Beef & Cheese Nachos Seasoned Corn** Diced Peaches Cold 1% Milk		Tony's Smart Pizza Tossed Salad with Light Dressing Fruit Goop Cold 1% Milk		Taco Salad Lettuce, Tomato, Salsa & Sour Cream Sliced Pears Cold 1% Milk		Chicken Patty Sandwich Seasoned Green Beans** Diced Peaches Cold 1% Milk		Baked Chicken Nuggets Tator Tots Mandarin Oranges Cold 1% Milk	
16		17		18		19		20	
BBQ Hamburger on a Bun Boston Baked Beans Pineapple Tidbits Cold 1% Milk		Cheeseburger on a Bun  Tossed Salad with light dressing Sliced Pears Cold 1% Milk		Twin Hard Shell Beef Tacos with Lettuce & Tomato Apple Crisp Cold 1% Milk		WW Mini Corn Dogs  Green Beans Diced Peaches Cold 1% Milk		Spaghetti w/ Meat Sauce  Mixed Vegetables & Garlic Toast Applesauce Cold 1% Milk	
23		24		25		26		27	
Chicken Wrap**  Smiley Fries Sliced Pears Cold 1% Milk		Tony's Smart Pizza Tossed Salad with light dressing** Fruit Goop Cold 1% Milk		Turkey Hot Dog  Golden Corn Fruit Cocktail Cold 1% Milk		Cheesy Baked Pasta Collard Greens & Corn Bread Mandarin Oranges Cold 1% Milk		Sloppy Joe on a Bun Sweet Green Peas Pineapple Tidbits Cold 1% Milk	

Balanced Choices Meal 



Balanced Choices Meals are nutrient dense offerings that go beyond nutritional standards set forth by the National School Lunch Program. Each meal is designed to meet 1/3 of the students' daily requirements for calories, Vitamins A & C, calcium, and iron and to provide no >30% of calories, no >10% calories from saturated fat, and no >1300 mg of sodium.  
The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250

\*\* Balanced Choices Menu Item  
Pete's Café Salad/Food Bar Offered Daily  
Elementary Student Lunch Price: \$1.50  
Student Reduced Lunch Price: \$0.40  
Adult Lunch Price: \$2.85  
A la Carte Milk Price: \$0.50